

Storage Case

All nightguards and bite splints come with a storage case to help maintain original shape for superior fit.



BRUXISM TRIVIA

Drinking alcohol can make you almost **TWICE AS LIKELY** to grind your teeth.

ONE IN FIVE cases of total tooth loss is linked to diabetes.

Heavy caffeine drinking can make you **1.5 TIMES** more likely to grind your teeth.

CLEARsplint is a registered trademark of Astron Dental Corporation.

Get relief from clenching and grinding with

CLEARsplint®



Relieve the symptoms of teeth clenching and grinding:



Facial and tooth pain



Headaches



Tooth cracking and chipping



Stiff jaw



CLEARsplint®

RELIEVE THE PAIN OF CLENCHING AND GRINDING

If you clench or grind your teeth at night, a bite splint or nightguard can relieve jaw and facial pain and protect your teeth from costly damage. Your CLEARsplint appliance is created to fit precisely and comfortably to your unique tooth and gum structures.

PRODUCT HIGHLIGHTS

- ➔ Protect your healthy teeth from further damage and pain
- ➔ Provides excellent fit and comfort

DIGITAL SCAN AND SAVE OPTION

- ➔ The model of your teeth will be digitally scanned and the data saved for seven years
- ➔ If your appliance gets lost or broken, your data can be used to quickly create a new one

Adjustable at Home



Hold the CLEARsplint appliance under hot water (approx. 150° F) for one minute to make it flexible.



Insert appliance into mouth and bite down with slight pressure. This will self-adjust discrepancies related to fit or bite. Once the nightguard is adjusted, rinse with cold water until the appliance hardens again.

Reinforcement and Retention Options



CLEARsplint nightguard with wire mesh



CLEARsplint day guard with wire braid